

WELCOME TO YOUR

Guided Behavior Map

Everything you receive when you say yes to the \$997 intensive.

What's in your packet

1. Family Behavior Map

Your personalized workbook — who your child is, what sets off the storm, and the calming sequence we build together.

2. Tonight's Script

6 word-for-word scripts for the moments that keep happening: meltdown, screens, sibling hitting, bedtime, mornings, repair.

3. Written Itinerary

A one-page plan every adult in your child's life signs — partner, teacher, therapist.

4. Home-First Calming Toolkit

Body, sensory, and mind tools chosen for YOUR child's pain point. No fancy gadgets required.

5. The 7-Day Reset

Small step per day for your first week. Practice-not-perfection pace.

6. School / Therapist Handoff Letter

Copy-paste letter that puts your school and therapy team on the same map.

PLUS the entire \$47 Behavior Map bundle

Behavior Tracker · Bright Guide AI (unlimited) · full 100+ Prompt Vault · Audio Library · Meltdown Emergency Card · De-Escalation Sequences.

What happens next

Step 1. You receive a private intake form so Monique knows your family story before the call.

Step 2. We meet for a 90-minute 1:1 route-planning session.

Step 3. Within 48 hours you receive your personalized packet (these documents, filled in for your family).

Step 4. One full week of co-pilot support for tweaks and the hard moments.

Step 5. One follow-up check-in so the plan keeps working.

Our promise: You will leave the session with a plan you can start tonight — not another PDF to file away.