

READY-TO-SEND

School / Therapist Handoff Letter

Copy, paste, and sign. This letter puts every adult on the same behavior map.

Dear _____,

Our family has completed a private Behavior GPS intensive with Bright Steps to build a shared, home-first plan for our child, _____.

The attached Written Itinerary is the response our whole family has agreed to use. It is written in plain language and is designed to be consistent across home, school, and therapy.

We are asking three things:

1. Please read the Itinerary and let us know if any part is not workable in your setting.
2. When possible, please use the shared 5-step response instead of consequences during the storm.
3. Please share back what you notice — triggers, wins, and body cues we may not see at home.

This plan is parent support and educational planning only. It does not replace medical, therapeutic, or legal advice from your team.

Thank you for being part of our child's team.

Sincerely,

Parent / Guardian